

# Creative Ideas

## Gossip Tidbits

This year is the 20th Anniversary of Crawford Designs. Shown here is a vintage #37 *Josey Rooster pattern* that can still be ordered by going to [www.crawforddesigns.net](http://www.crawforddesigns.net).



Now that we are on the topic of free patterns, did you know that National Nonwovens has a project page on its website with a diverse selection of free patterns? The easiest way to find our project webpage is to go to [www.WoolFelt.com](http://www.WoolFelt.com). Near the top of that page on the right side will

be a "project" link. Also on that page is a "pattern" link for a listing of all our Pattern Partners.

The new, free Zenergy patterns are listed on this project page along with these cute **Owl Ornaments** designed by Heather Valentine of **The Sewing Loft**. Heather initially designed the ornaments for a **No Ugly Ornaments Challenge** in November of 2013.

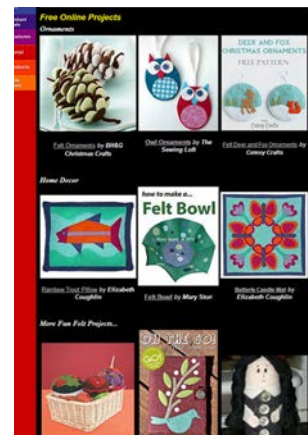


Barbara Crawford is a huge fan of National Nonwovens' WoolFelt® and plans on introducing new patterns for their 20th Anniversary at Fall Quilt Market.

Speaking of Fall Quilt Market, we are pleased to announce that National Nonwovens will be exhibiting this year. If you are in Houston for Market, please stop by our booth and see our **WoolFelt® Zenergy Collection** (see page 1).



If you already purchased the Zenergy Colors, then you should visit [ecoughlindesigns.blogspot.com](http://ecoughlindesigns.blogspot.com) to download these free patterns.



Christin Henke.....Writer, Design  
Sandra Daigle.....Newsletter Editor  
Paul Viveiros..... V.P. Customer Relations  
Gwen Brown.....Customer Service  
Don Shiels.....Customer Service  
Michalina Centofanti.....Vice President  
Anthony Centofanti.... CEO/President

**NATIONAL NONWOVENS**

P.O. Box 150, Easthampton, MA 01027 • T: 800-333-3469 • F: 413-527-0456  
E-mail: [sales@nationalnonwovens.com](mailto:sales@nationalnonwovens.com) • [www.nationalnonwovens.com](http://www.nationalnonwovens.com)



## Fruity Waffle Bowls

### Ingredients

- 4-serving-size package instant lemon or white chocolate pudding mix
- 1 ½ cups fat-free milk
- 1 cup fresh fruit (such as blueberries, sliced kiwifruit, sliced strawberries, sliced bananas, or raspberries)
- 4 waffle ice cream bowls or large waffle ice cream cones
- Fresh mint leaves (optional)

### Directions

1. Prepare pudding according to package directions, except use the 1 ½ cups milk
2. Spoon fruit into waffle bowls or cones
3. Top with pudding. If desired, garnish with fresh mint. Serve immediately

Recipe from [www.bhg.com](http://www.bhg.com)

